DRS' TRYLOVICH, GIFFORD, MANTOR, SWENSON, IRVING

CHARLESTON 702-259-1943 HENDERSON 702-750-9875 RAMPART 702-508-6714

GUM GRAFT / GUM LIFT POST SURGICAL INSTRUCTIONS

1. Read and follow the instructions under **'Post Surgical Instructions'.**

2. **NO BRUSHING, NO FLOSSING, NO WATERPIK in the surgical site for at least 2 weeks or until you have been seen for your first post op appointment!** Your doctor will let you know **when it is safe to do so** and when you can start using your electric toothbrush again. You may brush and floss all your other teeth, but **be very careful not to get too close to the surgical site.**

3. **DO NOT** pull your lip up or pull it down to keep taking a look at the graft area! **DO NOT** touch, lick, or brush the graft site! **Doing this may dislodge the grafting material!**

4. **If** your surgery required a palatal stent, **leave your plastic stent in.** It will protect the donor site as it heals. **It is not necessary to remove it.** It will be removed at your first post op appointment, and the donor site checked for healing. **Do not worry about trying to rinse off your palate**. You will continue to use the CloSys rinse. If your palate begins to bleed while you have it in, **apply direct pressure with your thumbs to your palate until it subsides.** You may still encounter a bit of oozing, but you don't want to see a continuous, overflowing amount of active bleeding. If applying direct pressure for several minutes does not stop the bleeding, call our office or see **'Emergency'.**

5. **Emergency:** **Dr. Trylovich** 702-324-1175 **Dr. Gifford** 702-686-3605
   Dr. Mantor 1-801-372-2501 **Dr. Swenson** 1-970-461-6132
   Dr. Irving 850-381-2660